# Unshakable Peace Walking Confidently in God's Gifted Inheritance

## **Scripture Foundation**

- Philippians 4:6–7
- John 14:27
- Mark 4:39

**Peace** is not a fragile feeling that comes and goes depending on circumstances, it is **an unshakable inheritance**, a divine gift from God to every woman who believes in Jesus Christ. As disciples of Christ, women are not called to live in fear, anxiety, or inner chaos, but to walk confidently in the **peace of God**, which transcends human understanding and secures the heart and mind in Christ.

Scripture declares: "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus" (Philippians 4:6–7).

This peace is not earned, nor is it fragile, it is the **promised** inheritance of every woman who is a disciple of Christ and a daughter of God. Jesus Himself assured His followers of this gift when He said: "Peace I leave with you; My peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid" (John 14:27). **Unlike the world's version of peace** which is temporary and easily shattered. The **peace of Christ is eternal**, steadfast, and anchored in His Word.

## **Peace According to Scripture**

According to the Word of God, peace is our inheritance, a gift from the Father, given through Jesus Christ and sustained by the Holy Spirit. The peace of God is not the absence of trials, storms, or challenges, but a divine posture of being steadfast, immovable, and guarded in heart and mind.

As believers, we are called to stand firm in peace, refusing to be moved by anxiety, fear, or chaos. Peace is not just a feeling. Peace is a position and spiritual posture where we remain rooted in Christ. Though storms may crash against our lives, the authority of Christ within us empowers us to speak to the storm, rebuke the enemy, and remain unshaken.

To live at peace means to protect the ground God has given us, resisting toxic influences, doubt, and division, while allowing the Holy Spirit to cultivate a deep, eternal, and unshakable peace that surpasses all understanding.

#### The Storm and the Savior: Peace in the Midst of Chaos

One of the most powerful demonstrations of this truth is found in **Mark 4:39.**Jesus and His disciples were on the Sea of Galilee when a furious storm arose. The winds howled, waves crashed into the boat, and fear gripped the disciples' hearts. Yet Jesus, unbothered by the chaos, was asleep in the stern. When awakened, He rose, rebuked the wind, and declared to the sea: "Peace, be still!" Immediately the winds ceased, and the waters calmed.

For women today, this story holds a profound lesson. Like the disciples, we encounter storms, such as financial pressures, health challenges, broken relationships, spiritual battles, or emotional turmoil. But as followers of Christ, we too can trust the authority of **Jesus to speak peace** into every storm. His Word carries the same power today: "Peace, be still." As women of faith, we are not left powerless; the authority of Christ within us empowers us to stand firm, to rebuke fear, and to walk in confidence that **His peace rules** over every situation.

## **Peace as a Spiritual Posture**

Peace is not simply a passing feeling; it is a position. To **walk in God's peace** means to be steadfast, immovable, and deeply rooted in Christ even when the winds rage. It means **choosing faith over fear**, hope over despair, and trust over doubt. Peace guards us, protects us, and keeps us from being swept away by toxic influences, divisive voices, or the lies of the enemy.

For women in discipleship and Christian leadership, walking in peace is not optional. Peace is essential aspect of Christianity and an intimate relationship with Christ. Peace allows us to minister effectively, to nurture our families faithfully, and to **stand boldly** in our communities as living testimonies of God's sustaining power. Peace becomes our shield, our anchor, and our witness.

### **Living as Women Anchored in Peace**

To live at peace means guarding the ground God has given us. It means resisting the temptation to give in to worry or fear and instead allowing the Holy Spirit to cultivate an inner calm that cannot be shaken. As Paul reminds us, this peace "surpasses all understanding." It is beyond logic, beyond human reasoning, and beyond what circumstances might dictate. It is divine.

When women embrace this inheritance, they **walk in a victorious life** - strong in faith, anchored in hope, and fully confident in Christ. The storms may come, but peace remains.

# **Study Questions for Reflection and Discipleship Circles**

- 1. How does the Scripture, Philippians 4:6-7 challenge your current response to anxiety, worry, or stress?
- 2. What storms are you currently facing that require you to stand in the peace of Christ?
- 3. In what ways can you protect the peace God has given you from toxic influences, doubt, or division?